



♥ PB&J ♥ Heart Sandwich

Ingredients:

- 2 Slices of bread
- Peanut butter
- Jelly or Jam
- Heart shaped cookie cutter



Directions:

1. This is so easy to make and such a fun sandwich to take to school or have with your homeschool group!
2. Simply take two pieces of bread, with a grown up, using a butter knife, spread the peanut butter on one piece of bread.
3. Then using a spoon, spread some jelly or jam on the other slice of bread.
4. Put them together to make a sandwich.
5. Then use the heart shaped cookie cutter to cut the sandwich into a heart.
6. Pack it up in a bag or box and take with you!

Enjoy!

